



Our Daily Bread

Guiding Our Neighbors Toward Self-Sufficiency



Help ODB Help Fairfax Families Year Round

Our Daily Bread is a volunteer-based 501(c)(3) non-profit organization focused on easing the plight of low income residents in the Fairfax County area of Virginia. ODB draws volunteers and financial support from local faith-based groups, community organizations, local businesses, schools and universities. Recipients of food and financial assistance are pre-qualified through Fairfax County Coordinated Services Planning.

In one of the most expensive areas to live in the country, we serve families with an average income of \$16,000 per year—families who are struggling to make ends meet, often working multiple minimum wage jobs. More than half of our clients are children. There are many ways to help these families throughout the year.

Our Daily Bread's On-going Programs:

- ◆ **Food Deliveries...** supplementing more than **65,000** meals per year.
- ◆ **Financial Assistance** to help families pay rent or utilities in times of crisis.
- ◆ **Financial Literacy...** classes, mentoring and workplace training to help families learn basic budgeting skills and develop a plan for the future.

Our Daily Bread's Seasonal Programs:

- ◆ **Back to School Program** provides needed school supplies to disadvantaged Fairfax County school children.
- ◆ **Holiday Assistance** provides Thanksgiving food and December holiday food and gifts.

How You Can Help:

- ◆ **Make a Monetary Donation** at www.ODBFairfax.org or mail us a check.
- ◆ **Donate Non-Perishable Food and Hygiene Products to Our Food Pantry**
- ◆ **Volunteer:** Be a Food Coordinator, Financial Mentor, Budget Class Instructor, Office Assistant, Holiday Program Assistant, or help with special projects
- ◆ **Donate Funds or backpacks or calculators for local School Children** (June-August)
- ◆ **Sponsor a Family for Thanksgiving and/or the December Holidays** (September-December)

Learn More at www.ODBFairfax.org